



“for their tireless and meticulous support for young offenders and adult prisoners, thus ensuring a positive behavioral change and mental transformation – thus empowering them with the structures they need to choose a crime-free life.”



## PAVING THE PATH FOR MILLIONS TO LEAD A HEALTHY, CRIME-FREE LIFE

Inspired by their South African sister charity (founded in 1997), Khulisa means 'to nurture' in Zulu. Khulisa-UK has been exporting its South Africa programs to the United Kingdom with enormous success. Khulisa-UK delivers unique and powerful behavior-change intervention programs addressing violence and the crime cycle. Khulisa starts the process of rehabilitation through the innovative use of therapeutic methods and creative, participant-led techniques. Khulisa-UK has been working for over 10 years (founded in 2007), making prisons and schools safer and more nurturing environments, and transforming the lives of over 3000 people, empowering them to choose a crime-free life.



Together with their partners, Khulisa UK aspires to create a connected, safe society where young people choose crime-free lives. They work in schools, prisons, and communities,

equipping young people with the life skills and emotional support they need to stop offending.

Led by Dominique Airey, who joined as Chief Executive of Khulisa in May 2016 and is focused on scaling Khulisa's impact and influence

within the sector, underpinned by a sustainable business model and evidence-based outcomes. She is committed to supporting some of the most marginalized people in society and helping them live healthy, crime-free lives.

Khulisa ensures they reach the most vulnerable people by intervening at all key stages of the criminal justice cycle. Khulisa's programs are proven to be effective in reducing re-offending and in improving participants' mental health and wellbeing. As well as helping participants who are openly demonstrating self destructive behaviors, Khulisa's programs have had an equally transformational impact on young participants who are disengaged or emotionally vulnerable, helping them to identify some of the roots and triggers for their behavior. Results from two recent external evaluations found that Khulisa's programs have successfully decreased anger and hostility, as well as verbal and physical aggression. The programs also had a positive impact on how young people responded to stressful events. Only 7.6% of participants went on to re-offend (vs. 31% control group) and 98% of pupils were reported to have demonstrated a positive change in behavior. Over 91% of participants were reported to be in school and



performing well, 12 months after the program was completed.

Khulisa works collaboratively with multiple stakeholders to identify key projects which would have the highest impact in the system and which would demonstrate social change - taking into account the interrelated factors contributing to lack of safety and crime. These include the underlying root causes, such as poverty, inequality, unemployment and various motivations to commit crime; lack of social cohesions, inadequate care of

children and a failure to accept and internalize 'good' societal norms; and the need to address the factors which create a vulnerability to victimization – such as situational crime prevention measures. Both Khulisa and its program beneficiaries have been nominated for and have won a number of awards. In 2017, Khulisa secured European Commission funding as part of 8-country program of to develop collective evidence, voice and impact in combating youth radicalization and exclusion.